

Spring 2010

# NORMANDY

## Swim & Tennis Club

### MEMBER NEWS

Opening Day – May 29, 2010

2010 Season

Hours: 12 – 9 pm

June 1-4: 4-8 pm

Aug. 24-27: 4-8pm

Aug. 30-Sept 3: 4-8pm

#### 2010 Board of Trustees

Tom Ernst	President
	<a href="mailto:president@normandyswim.org">president@normandyswim.org</a>
Shawn Stiver	Vice-President
Susan LaMacchia	Secretary
Jason Hummer	Treasurer
Maria Dickman	Co-Membership
Kirsten Ballman	Co-Membership
	<a href="mailto:membership@normandyswim.org">membership@normandyswim.org</a>
Larry Deem	Grounds & Maintenance
Sally Aiken	Tennis
	<a href="mailto:tennis@normandyswim.org">tennis@normandyswim.org</a>
Kara Lolli	Swim/Dive Team
Emily Berry	Swim/Dive Team
	<a href="mailto:swimteam@normandyswim.org">swimteam@normandyswim.org</a>
*****	
Pool Management Firm: SwimSafe	
Paul Swift	Club Manager
Neil Turner	Tennis Pro

#### Letter from the President:

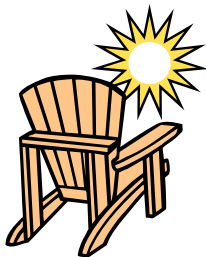
*Have you had enough of the snow yet!! Think Spring! Opening Day for Normandy is right around the corner and before you know it the summer fun and heat will be here!*

*Before we start another decade at Normandy, I want to take a moment to thank Dave Blumberg for all his work as Treasurer on the board. His efforts and accomplishments were greatly appreciated. Additionally, Dave has helped the new Treasurer, Jason Hummer, transition into this new position for the 2010 season. Another new addition to the Board of Trustees is Sally Aiken, who will be supporting and promoting the Tennis programs at Normandy. Welcome Sally and Jason!*

*Larry Deem took over the Grounds & Maintenance Board position at the end of the 2009 season. Larry's work, background and knowledge has been a great asset to the Board, as we completed our pool's by-pass valve replacement during October of 2009. This fix will save Normandy on both water and propane gas usage to heat the pool for many years to come.*

*As you can tell, the Board is passionate about our neighborhood swim club. Normandy is on their minds year-round, working to make the next year even better and more memorable than the last. Normandy is the Membership. And we hope you, the Membership, continue to help the Board make Normandy a great place for families to enjoy for many years to come! I encourage you to enjoy, participate and volunteer in Normandy's summer fun!*

*Welcome new and returning members to Normandy for 2010!*



#### Club Board Meetings

The Normandy Swim & Tennis Club Board of Trustees meets every third Sunday of each month throughout the year at 6-8PM at the club or Loveland City Hall. Members are welcome. Please feel free to contact any of the board members with your questions. The Board Meeting dates for the season are:

At the Club - May 16, June 20, July 20 and August 15 (Annual Membership Meeting)  
At Loveland City Hall - April 18, September 19, October 17 and November 21

# Spring 2010

## Welcome to Summer!

### *A Note from SwimSafe*

*SwimSafe Pool Management would like to thank Normandy Swim Club and its members for a great 2009 swim season. We look forward to an even better 2010!*

*Our goal is for you to have a safe and enjoyable summer! Please feel free to contact our office at anytime concerning our services (513) 755-7075.*

**Cary Behyea**

*SwimSafe Owner*

We are looking forward to a summer of fun at Normandy! See the enclosed calendar for the dates and times. Look for these fun events this summer!

- **Wacky Wednesday Games** at 2PM starting June 9 thru August 18
- **Look for Happy Hours, Adult Functions and more this summer**
- **Deep Water Exercise** again this summer during swim team season, come and exercise in the deep end from 10-11 AM. A fee will be charged. Call Kathy Sheeler with questions.
- **"Swim-In" Movie:** Fri Aug. 20<sup>th</sup>, swim and watch a movie pool side.
- **July 4<sup>th</sup> Party:** Annual celebration for the whole family.
- **Ladies' Luncheon:** Ladies, pamper yourself with the August Ladies Luncheon catered event. A minimal fee will be charged.
- **Jump Rope Camp** will be back again this July with the Kings Firecrackers! Look for more information at the pool.
- Look for our Friday Family Nights with extended pool hours several times this summer.

## Summer Reminders

- We are on the Web. We have news, swim and dive team info, downloads, and contact information on our website: [www.normandyswim.org](http://www.normandyswim.org)
- You can purchase 10 guest passes for \$30 – That is a \$10 savings.
- Guest fees are ½ price after 6:00PM.
- Normandy is a **non-smoking** facility.
- **No Glass** containers may be brought into Normandy.

## SwimSafe Pool Management Safety Reminders

- **PARENTS! PLEASE WATCH YOUR CHILDREN!** You must closely watch and supervise your children at all times. Keep young children at arms length, even if they are good swimmers and especially if they are wearing a floatation device.
- **NO DIVING:** Do not dive in shallow water or in areas marked "No Diving." Most spinal injuries occur in shallow water.
- **NO BREATH HOLDING** or prolonged underwater swimming. Breath holding games/contests can cause cardiac arrhythmia and /or drowning.
- **POOL PARTIES!** Please check-in with the Pool Manager when your group has arrived for a pool party to go over safety guidelines and any special needs your guests may have.
- Refrain from swimming when you have diarrhea.
- Avoid swallowing pool water or even getting it in your mouth.
- Shower before swimming and wash your hands after using the toilet or changing diapers.
- Take children on bathroom breaks or check diapers often.
- Change diapers in a bathroom and not at poolside and thoroughly clean the diaper changing area.

# Spring 2010

## Summer Parties

Whether you are planning your neighborhood block party, family reunion, sports team celebration or just a get-together, remember that Normandy welcomes group functions. We ask you to please remember these simple rules when planning your group function:

1. Party guest fees are the same as regular guest fees - **\$4/person, \$12/family**
2. Parties of 10 or more **MUST** be scheduled and approved in advance with the pool manager.
3. A \$25 party fee is required in advance for all parties of 25 or more, regardless of membership status of the party guests. This covers the pool's costs associated with hosting large parties.
4. Evening parties will be required to make a deposit of an additional \$25 which will be returned if the party is over by 8:45pm.
5. It is your responsibility to clean up the area after your party is over.
6. No night parties after August 19.

## Members Work Day

We will be holding the annual Members Work Day on Saturday, May 8<sup>th</sup>, from 9am to 1pm. Having members provide some muscle reduces the operating costs of the club, leaving more money for social events and upgrades. All member families who help will be provided with guest passes for use during the season. So please – join us and do your part for the maintenance of the pool.

Do you enjoy fixing things and tinkering with equipment? We have several items that are currently inoperable but could probably be fixed by the right person. If you would like to take on one of these projects call or email Larry Deem at [larry.deem@gmail.com](mailto:larry.deem@gmail.com) or 513.575.2641.



Normandy Swim and Tennis Club  
9585 Union Cemetery Road  
PO Box 41  
Loveland, OH 45140  
683-0232

## Swimming Lessons

Swim Lessons will be given on a weekly basis from June 8 to July 10.  
Please see below for time and dates.

Private swim lessons are offered by the guards. Please contact them directly for fees, times and dates

### Swim Lesson Session Dates

**AM Sessions** – Week1-6/7-11, Week2-6/14-18, Week3-6/21-25, Week4-6/28-7/2, Week5-7/5-7/9

**PM Sessions** - Week1-6/7-11, Week2-7/21-25

**\$20.00 per child per week. Make check payable to SwimSafe at time of sign-up.**

### *Daily AM Times & Skill Levels*

Levels 1,2,3,5 11:00 - 11:25 am

Levels 1,2,3,4 11:30 - 11:55 am

### *Daily PM Times & Skill Levels*

Levels 1,2,3,4 6:00 - 6:25 pm

Levels 1,2,3,4 6:30 - 6:55 pm

The Baby Pool will open at 11:00 am during swim lessons.

# Spring 2010

## Tennis

### Adult Clinic

This clinic is three weeks long, two days a week. Cost \$70 members/\$80 non-members

<b>Session 1</b>	<b>Session 2</b>
Beginners/Adv. Beginners	Advanced Beginner
June 7- June 23	June 28 - July 14
Mon. & Wed. 6-7pm	Mon. & Wed. 6-7pm

PLEASE SIGN-UP AT THE POOL GATE

### Adult Fast Feed

This is a one-hour fast feed clinic where you will hit lots and lots of balls. The drills will be designed for singles and doubles play. It will be fast-paced, developing footwork and directional hitting.

Cost: \$8 members/\$10 non-members  
Clinic Size: Minimum of 3 and Maximum of 5 Players

Days: Mondays Time: 7-8pm Dates: June 7, June 14, June 21, June 28  
PLEASE SIGN-UP AT THE POOL GATE July 5 & July 12

### Junior Clinics

All junior clinics are **Flex Clinics**. These clinics are three weeks long, four days a week, M-TH, for one hour each day. You have the option of taking 6 to 12 hours within this three-week period.

**SIGN-UP AT POOL GATE before June 7th.**

**Make checks out to Neil Turner and please pay at the first class!**

Cost: \$75 - 7 to 12 hours  
\$70 - 6 Hours only  
\$70 - Reg. 6 hour clinic  
Add \$10 for non-members

Session I (June 7 to June 24)		
Level	Days	Time
Beginners	(Flex)M-T-W-TH	8-9AM
Beginners	(Reg)M-T	5-6PM
Advanced Beginner	(Flex)M-T-W-TH	9-10AM
Beg. & Adv. Beg	(Flex)M-T-W-TH	10-11AM
Intermediate	(Flex)M-T-W-TH	11-12Noon

Session II (June 28 to July 15)		
Level	Days	Time
Beg. & Adv. Beg.:	(Flex)M-T-W-TH	8-9AM
Beg. & Adv. Beg.:	(Reg)M-T	5-6PM
Adv. Beginners:	(Flex)M-T-W-TH	9-10AM
Beg. & Adv. Beg.:	(Flex)M-T-W-TH	10-11AM
Intermediate	(Flex)M-T-W-TH	11-12Noon

Cost: \$70 Session III (July 19 to July 23)  
\*\*ONE WEEK SESSION - 1 1/2 Hour Classes\*\*

Level	Days	Time
Adv. Beg & Intermediate	M-T-W-TH-F	9-10:30AM
Intermediate	M-T-W-TH-F	10:30AM-12Noon
Beginners: 8 AM - 9 AM	(One hour class each day for \$60)	

### Adult Round Robin (Doubles)

This is a doubles round robin. Player level is intermediate or higher. Prizes for 1<sup>st</sup> and 2<sup>nd</sup> place. The round robin will take place on Thursday mornings from 8:30 - 9:30 beginning June 17 and go to July 22.

Cost: membes\$40/non-members \$50  
Needed: 8 Players  
PLEASE SIGN-UP AT THE POOL GATE

### Private Lessons Available

One hour - members \$45/non-members \$50  
Half hour - members \$30/non-members \$35  
For more information contact Neil!

### Junior Tennis Camp

Date: Aug. 2 & 3 (Rain Date: Aug.4 & 5)  
Time: 9AM - 3PM  
Level: Adv. Beg to Intermediate  
Cost: member \$80/non-member \$90  
Includes: 10 hours of Tennis Instruction -  
Prizes - Lunch - Swimming  
*Please sign up at the pool gate*

### Junior Tennis Team

Boys and girls are needed for the Normandy Junior Tennis Team. We need intermediate or better players that are 16 years and younger. Practices will be on Mondays from 1-2PM. Matches are on Tuesdays and Wednesdays from 1 to 3PM.

**Please sign up at the pool gate and pay Neil Turner at the first practice.**

First practice: Monday, June 7<sup>th</sup>  
Cost: members \$45

**MUST BE A NORMANDY MEMBER TO BE ON THE TENNIS TEAM!**

**For further Tennis Program information, please call our Tennis Pro:**

**Neil Turner**  
at 545-7022 or  
e-mail at [nturner1@cinci.rr.com](mailto:nturner1@cinci.rr.com)

# Spring 2010

## Swim and Dive Team News

### Swim and Dive Coaches

Normandy Swim and Tennis is excited for the return of our Swim and Dive Team Coaching Staff for the 2010 summer season. Lori Ketchum, our head coach, is returning for her second season with Normandy. Lori is a third grade teacher at Loveland Primary School, her experience, skill and passion for swimming speaks for itself. Lori was an assistant coach for a summer at Maple Manor swim club as well as an assistant coach at Upper Dublin High School (both outside of Philadelphia where she grew up). For 4 summers while in college Lori was a swim camp technique instructor at Wolverine Swim Camps. Lori was a 4-time Pennsylvania State Champion and a State Record Holder, in college she competed at the University of Michigan and was an NCAA All-American Honorable Mention, and an Olympic Trial Qualifier.

Patrick Foos, our assistant coach, has been spending his summers swimming for Normandy for years. We are also excited to have Patrick on our coaching staff, he also is very dedicated, talented and an excellent role model for our swimmers. This is his tenth season swimming for Normandy. Patrick club swam for Sycamore Flying Fish for 5 years, and has been swimming for Blue Ash YMCA for 3 years. He also swam for Moeller's varsity swim team for 4 years. He competed in the high school State Championship meet. Patrick also qualified and swam at the YMCA long course and short course Nationals.

### Swim/Dive Team Registration

**Swim and Dive Team registration is May 18<sup>th</sup> from 5-7PM at the pool.** Please attend registration, as it is a vital part of starting the swim season off to an easy start. Kast-a-way will be at the pool during this time to purchase team suits.

All registration forms and volunteer commitment sign up must be completed no later than May 28<sup>th</sup>.

The Barracuda Swim and Dive Teams rely on volunteer support. **Each family is required to work 3 meets and/or provide a team service.** Please do not select more than 2 of the same positions for your family. Parents of younger swimmers are encouraged to be age-group parents. This allows you to spend time with your child and meet their teammates.

The swim team staff is recommending swimmers continue to participate in swim lessons through Level 5. This will allow swimmers to develop and learn their stroke.

**Please Note: All dues must be paid in full prior to the first meet, Thursday, June 10<sup>th</sup>. Failure to sign-up for the volunteer commitment will result in your child not competing. The sign-up forms will be available at the pool.**

### 2010 Normandy Barracudas Swim and Dive Meet Schedule

June 8	"MOCK MEET"* (during practice)
June 10	Normandy@Miami Hills
June 17	Turpin Hills@Normandy
June 24	Normandy@Terrace Park
July 1	Forrest Hills@Normandy
July 8	Normandy@Indian Hill
July 12	Diving Championships at Indian Hill
July 13-14	Swim Championships at Turpin Hills

\*Swimmers must be able to swim the length of the pool by the mock meet, in order to compete in the meets.

\*\*\*\*\*

### 2010 Swim & Dive Dues

Swim Team	\$85 per swimmer
Diving Team	\$75 per diver
Both	\$130per swimmer/diver

*Maximum fee per family of \$250*

### Swim Team Practice Schedule

#### Monday - Thursday

**Weeks 1,2,3,4 (May 24 - June 4<sup>th</sup>)- Regular Season (Begins June 7<sup>th</sup>)**

4:00 - 4:45PM	11 & up	8:00 - 9:00AM	11 & up
4:45 - 5:30PM	9 & 10	9:00 - 10:00AM	9 & 10
5:30 - 6:00PM	All 8 & Under	10:00 - 10:45AM	7 & 8
		10:15 - 10:45AM	6 & Under

**Friday: Stroke Clinic: 9:30 - 10:30AM**

#### Dive Team Practice Schedule

**Weeks 1,2,3,4 (May 18 - June 10<sup>th</sup>)- Regular Season (Begins June 7<sup>th</sup>)**

5:00 - 6:00PM	All Age Groups	9:00 - 10:00 AM	All Age
(Monday, Tuesday		Groups	(Monday, Tuesday
Wednesday only.)			Wednesday only)

Thank you to everyone who participated in the 2009 Normandy survey. We had 83 responses out of 216 invitations sent out for response rate of 38%. The survey responses go a long way to helping those of us on the board pursue policies that are reflective of what you the members want in your swim club.

So what did we find? Here are a few key items.

- The average length of membership is 5.6 years
- Almost all survey participants have children in the first through fifth grade.
- Most people attend the club at least once per week.
- The biggest reason people belong to the club is a sense of community and the family friendly atmosphere.
- If the club decided to borrow money for major improvement the most popular improvement is large slide.

If you would like the complete results contact Tom Ernst or Larry Deem

### 2010 Swim Team Suit (same as 2009)

Female: Black Dolfin \$31.20

Male: Black Dolfin Jammer \$22.40

Normandy Logo will be additional \$6.50

# Spring 2010

## April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 <u>Member work day</u>
9	10	11	12	13	14	15
16	17	18 Swim, Dive, Tennis Team & Lessons Sign-ups 5-7PM	19	20	21	22
23	24 Swim & Dive Team afternoon practice begins!	25	26	27	28	29 <b>OPENING DAY!</b> 12-9 PM
30	31					

## June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pool Hrs 4-8 PM	2 Pool Hrs 4-8 PM	3 Pool Hrs 4-8 PM	4 Pool Hrs 4-8 PM <b>ADULT POOL PARTY!!</b>	5
6	7	8	9 Wacky Wednesday Games start!	10 Normandy@Miami Hills	11	12
13	14	15	16	17 Turpin@Normandy	18	19
20	21	22	23	24 Normandy@Terrace Park	25	26
27	28	29	30			

# Spring 2010

## July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Forest Hills@Normandy	2	3
4 July 4 <sup>th</sup> Party and games at the pool!	5	6	7	8 Normandy@Indian Hill	9	10
11	12 Dive Champs @ Indian Hill	13 Swim Champs @ Turpin Hills	14 Swim Champ finals @ Turpin Hills	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20 "SWIM-IN" Movie	21
22	23	24 Pool Hrs 4-8 PM	25 Pool Hrs 4-8 PM	26 Pool Hrs 4-8 PM	27 Pool Hrs 4-8 PM	28
29	30 Pool Hrs 4-8 PM	31 Pool Hrs 4-8 PM				

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pool Hrs 4-8 PM	2 Pool Hrs 4-8 PM	3 Pool Hrs 4-8 PM	4
5	6 Labor Day Last Day! Pool Closes at 6 PM	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		