

Spring 2011

N O R M A N D Y

Swim & Tennis Club

MEMBER NEWS

Opening Day – Saturday
May 28, 2011

2011 Season

Normal Hours: 12 – 9 pm

Reduced Hours

May 31-June 2, Aug 23–26, Aug 29-Sept 2
4 – 8 PM

Pool closes at 8 PM starting Aug 15

2011 Board of Trustees

Tom Ernst	President
	president@normandyswim.org
Tom Ernst	Co-Vice-President
Alice McCaleb	Co-Vice-President
Susan LaMacchia	Secretary
Jason Hummer	Treasurer
Jen Carver	Co-Membership
Tara Schamel	Co-Membership
	membership@normandyswim.org
Larry Deem	Grounds & Maintenance
Sally Aiken	Tennis
	tennis@normandyswim.org
Kara Lolli	Swim/Dive Team
Liz Blackburn	Swim/Dive Team
	swimteam@normandyswim.org

Pool Management Firm: SwimSafe	
Paul Swift	Club Manager
Neil Turner	Tennis Pro

Letter from the President:

Welcome Normandy Members to another great year! Opening day will be here before you know it along with the heat and summer fun!

As we start the new year we have some new Board Members to introduce to the membership. Before we introduce our new Board Members, I want to take the time to give a special thank you to Kirsten Ballman and Maria Dickman, who were co-Membership Chairs and Shawn Stiver, who was Vice President, for all of their work, enthusiasm and commitment as Board Members for the past three years.

At this time I want to introduce our new co-Membership Chairs, Jen Carver and Tara Schamel and our new Vice President Alice McCaleb, who will co-chair with me for the 2011 season. While Jen and Tara will support all functions of membership, Alice will be supporting all social activities for the club including the Adult Party, July 4th, Back to School Bash and Ladies Luncheon. Please welcome our new Board Members!

On another note, we have a new addition to the Normandy Swim Team, Debby Hutchinson as well as a new Dive Coach, Bob Farr. Please read more about Deb and Bob in the Swim and Dive section of this Newsletter. Welcome Debby and Bob to Normandy!

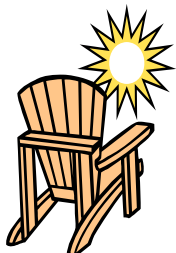
As we prepare for another safe and successful season at Normandy, I want to remind the membership to take advantage of all of the great activities Normandy has to offer in one place to keep your kids as well as yourself both active and healthy. Prior to opening day, there will be sign-ups for both swim and tennis lessons for all levels, as well as swim, dive and tennis team sign-ups. As an FYI, both tennis lessons and tennis team are open to non-members, so feel free to sign-up with a friend. These are great activities for you and your kids to make new friends. After all isn't that what Normandy is all about? Making new friends and spending some great times together! Oh, and by the way Normandy is now on Facebook!

2011 Club Board Meetings

The Normandy Swim & Tennis Club Board of Trustees meets every third Sunday of each month throughout the year at 6-8PM at the club or Loveland City Hall. Members are welcome. Please feel free to contact any of the board members with your questions. The Board Meeting dates for the season are:

At the Club - May 15, June 19, July 17 and August 21 (Annual Membership Meeting)

At Loveland City Hall – Jan 16, Feb 20, Mar 20, April 17, Sept 18, Oct 16 and Nov 22 (No December meeting)



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Welcome to Summer!

A Note from SwimSafe

SwimSafe Pool Management would like to thank Normandy Swim Club and its members for a great 2010 swim season. We look forward to an even better 2011!

Our goal is for you to have a safe and enjoyable summer! Please feel free to contact our office at anytime concerning our services (513) 755-7075.

Cary Beheya

SwimSafe Owner

We are looking forward to a summer of fun at Normandy! See the enclosed calendar for the dates and times. Look for these fun events this summer!

- **Wacky Wednesday Games** at 2PM starting June 8th through August 17th
- **Community Day** - Thursday June 16th
- **Adult Social:** Friday June 24th
- **July 4th Party:** Annual celebration for the whole family
- **Back to School Bash** - Saturday August 20th (games at 7PM)
- **Ladies' Luncheon:** Wednesday August 31 at 12:30 PM
- **Look for other functions throughout the summer!**

Summer Reminders

- We are on the Web. We have news, swim and dive team info, downloads, and contact information on our website: www.normandyswim.org
- You can purchase 10 guest passes for \$30 – That is a \$10 savings.
- Guest fees are ½ price after 6:00PM.
- Normandy is a **non-smoking** facility.
- **NO GLASS CONTAINERS MAY BE BROUGHT IN TO NORMANDY.**

SwimSafe Pool Management Safety Reminders

- **PARENTS! PLEASE WATCH YOUR CHILDREN!** You must closely watch and supervise your children at all times. Keep young children at arms length, even if they are good swimmers and especially if they are wearing a floatation device.
- **NO DIVING:** Do not dive in shallow water or in areas marked "No Diving." Most spinal injuries occur in shallow water.
- **NO BREATH HOLDING** or prolonged underwater swimming. Breath holding games/contests can cause cardiac arrhythmia and /or drowning.
- **POOL PARTIES!** Please check-in with the Pool Manager when your group has arrived for a pool party to go over safety guidelines and any special needs your guests may have.
- Refrain from swimming when you have diarrhea.
- Avoid swallowing pool water or even getting it in your mouth.
- Shower before swimming and wash your hands after using the toilet or changing diapers.
- Take children on bathroom breaks or check diapers often.
- Change diapers in a bathroom and not at poolside and thoroughly clean the diaper changing area.

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Summer Parties

Whether you are planning your neighborhood block party, family reunion, sports team celebration or just a get-together, remember that Normandy welcomes group functions. We ask you to please remember these simple rules when planning your group function:

1. Party guest fees are the same as regular guest fees - **\$4/person, \$12/family**
2. Parties of 10 or more **MUST** be scheduled and approved in advance with the pool manager.
3. A \$25 party fee is required in advance for all parties of 25 or more, regardless of membership status of the party guests. This covers the pool's costs associated with hosting large parties.
4. Evening parties will be required to make a deposit of an additional \$25 which will be returned if the party is over by 8:45pm.
5. It is your responsibility to clean up the area after your party is over.
6. No night parties after August 19.

Members Work Day

We will be holding the annual Members Work Day on Saturday, April 30, from 9 AM to 5PM. Having members provide some muscle reduces the operating costs of the club, leaving more money for social events and upgrades. All member families who help will be provided with guest passes for use during the season. So please – join us and do your part for the maintenance of the pool.

Do you enjoy fixing things and tinkering with equipment? We have several items that are currently inoperable but could probably be fixed by the right person. If you would like to take on one of these projects call or email Larry Deem at larry.deem@gmail.com or 513.575.2641.



Normandy Swim and Tennis Club
9585 Union Cemetery Road
PO Box 41
Loveland, OH 45140
683-0232

Swimming Lessons

Swim Lessons will be given on a weekly basis from June 8 to July 10.
Please see below for time and dates.

Private swim lessons are offered by the guards. Please contact them directly for fees, times and dates

Swim Lesson Session Dates

AM Sessions – Week 1 6/6-10, Week 2 6/13-17, Week 3 6/20-24, Week 4 6/27-7/1, Week 5 7/11-7/15

PM Sessions - Week 1 6/13-17, Week 2 6/27-7/1

\$20.00 per child per week. Make check payable to SwimSafe at time of sign-up.

Daily AM Times & Skill Levels

Levels 1,2,3,5 11:00 - 11:25 am

Levels 1,2,3,4 11:30 - 11:55 am

Daily PM Times & Skill Levels

Levels 1,2,3,4 6:00 - 6:25 pm

Levels 1,2,3,4 6:30 - 6:55 pm

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Tennis

Adult Clinic

This clinic is three weeks long, two days a week. Cost \$70 members/\$80 non-members

Session 1	Session 2
Beginners/Adv. Beginners	Advanced Beginner
June 13- June 29	June 4 - July 20
Mon. & Wed. 6-7pm	Mon. & Wed. 6-7pm

PLEASE SIGN-UP AT THE POOL GATE

Adult Fast Feed

This is a one-hour fast feed clinic where you will hit lots and lots of balls. The drills will be designed for singles and doubles play. It will be fast-paced, developing footwork and directional hitting.

Cost: \$8 members/\$10 non-members
Clinic Size: Minimum of 3 and Maximum of 5 Players

Days: Mondays Time: 7-8pm Dates: June 13, June 20, June 27,
PLEASE SIGN-UP AT THE POOL GATE July 11 & July 18

Junior Clinics

All junior clinics are **Flex Clinics**. These clinics are three weeks long, four days a week, M-TH, for one hour each day. You have the option of taking 6 to 12 hours within this three-week period.

SIGN-UP AT POOL GATE before June 7th.

Make checks out to Neil Turner and please pay at the first class!

Cost: \$75 - 7 to 12 hours
\$70 - 6 Hours only
\$70 - Reg. 6 hour clinic
Add \$10 for NON-MEMBERS

Session I (June 13 to June 30)

Level	Days	Time
Beginners	(Flex)M-T-W-TH	8-9AM
Advanced Beginner	(Flex)M-T-W-TH	9-10AM
Beg. & Adv. Beg	(Flex)M-T-W-TH	10-11AM
Intermediate	(Flex)M-T-W-TH	11-12Noon

Session II (July 5 to July 22)

Level	Days	Time
Beg. & Adv. Beg.:	(Flex)M-T-W-TH	8-9AM
Adv. Beginners:	(Flex)M-T-W-TH	9-10AM
Beg. & Adv. Beg.:	(Flex)M-T-W-TH	10-11AM
Intermediate	(Flex)M-T-W-TH	11-12Noon

Session III (July 25 to July 29)

This is one week session with each class 1.5 hours long. The cost is \$70

Level	Days	Time
Beginners		8 AM - 9 AM (one hour class each day for \$60)
Adv. Beg & Intermediate	M-T-W-TH-F	9-10:30AM
Intermediate	M-T-W-TH-F	10:30AM-12Noon

Adult Round Robin (Doubles)

This is a doubles round robin. Player level is intermediate or higher. Prizes for 1st and 2nd place. The round robin will take place on Thursday mornings from 8:30 - 9:30 beginning June 16 and go to July 21.

Cost: membes\$40/non-members \$50
Needed: 8 Players
PLEASE SIGN-UP AT THE POOL GATE

Private Lessons Available

One hour - members \$45/non-members \$50
Half hour - members \$30/non-members \$35
For more information contact Neil!

Junior Tennis Camp

Date: Aug. 1 & 2 (Rain Date: Aug.3 & 4)
Time: 9AM - 3PM
Level: Adv. Beg to Intermediate
Cost: member \$80/non-member \$90
Includes: 10 hours of Tennis Instruction -
Prizes - Lunch - Swimming
Please sign up at the pool gate

Junior Tennis Team

Boys and girls are needed for the Normandy Junior Tennis Team. We need intermediate or better players that are 16 years and younger. Practices will be on Mondays from 1-2PM. Matches are on Tuesdays and Wednesdays from 1 to 3PM.

Please sign up at the pool gate and pay Neil Turner at the first practice.

First practice: Monday, June 7th
Cost: members \$45 (\$55 for non-members)

For further Tennis Program information, please call our Tennis Pro:

Neil Turner
at 545-7022 or
e-mail at nturner1@cinci.rr.com

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Swim and Dive Team News

Swim and Dive Coaches

Normandy excited to introduce our new Swim Team Coach for the 2011 summer season, **Debby Hutchison**. She is originally from Portsmouth, Ohio and started swimming at age 9. She then started USS year-round with Shawnee Aquatic Club at 11. At Asbury University she swam and played tennis all four years. She was a distance swimmer and went to NAIA Nationals her senior year. She has coached in Ohio, Kentucky and Tennessee in different leagues including USS teams, summer leagues, high school and the YMCA for 14 years. She lives in Loveland with her husband Chris and their four children Benjamin-14, Alec-11, Ethan-8 and Megan Rose-5 who attend Kings Local Schools.

Normandy welcomes **Bob Farr** as our 2011 dive coach. Bob was a diving champion at University of Cincinnati. He recently coaches for an elite diving club called Tri State Diving. Kids he coaches are expected to make it to State championships and to compete in AAU and US Diving competitions around the country.

When he is not coaching he is promoting nutrition for kids. He says many children, especially athletes, are enticed to try sports-enhancing drugs and supplements which are very harmful. He hopes to counter that through education.

Bob also heads a grass roots groups which envisions building a brand new state-of-the-art aquatic training center that will give all children in the Cincinnati area a chance to learn to swim and to excel in swimming, diving, water polo, synchronized swimming and other water sports.

His daughter, Amanda, was our diving coach about 10 years ago, and his other two daughters are also coaches. Does coaching run in the family?

Bob and his wife, Olivia, live in the Symmes Twp. area. They are active in the community and their church...and they love to watch movies and chat with their girls. "no grandchildren yet."

Colin Foss is a junior at Moeller High School where he just completed his 3rd year of varsity swimming. He was a state qualifier for Moeller's team which finished fifth at state. Colin also swims for the Blue Ash YMCA and has swum at both long course and short course YMCA nationals. He is a member of the National Honor Society and participates in the Little Buddies and Unified for UNIFAT programs at Moeller. His swim career began at Normandy when he was 6.

Swim/Dive Team Registration

Swim and Dive Team registration is May 17th from 5-7PM at the pool. Please attend registration, as it is a vital part of starting the swim season off to an easy start. Kast-a-way will be at the pool during this time to purchase team suits.

All registration forms and volunteer commitment sign up must be completed no later than May 28th.

The Barracuda Swim and Dive Teams rely on volunteer support. **Each family is required to work 3 meets and/or provide a team service.** Please do not select more than 2 of the same positions for your family. Parents of younger swimmers are encouraged to be age-group parents. This allows you to spend time with your child and meet their teammates.

The swim team staff is recommending swimmers continue to participate in swim lessons through Level 5. This will allow swimmers to develop and learn their stroke.

Please Note: All dues must be paid in full prior to the first meet, Thursday, June 9th. Failure to sign-up for the volunteer commitment will result in your child not competing. The sign-up forms will be available at the pool.

2011 Normandy Barracudas Swim and Dive Meet Schedule

June 7	"MOCK MEET"* (during practice)
June 9	Miami Hills @ Normandy
June 16	Normandy @ Turpin Hills
June 23	Terrace Park @ Normandy
June 30	Normandy @ Forrest Hills
July 7	Indian Hill @ Normandy
July 11	Diving Championships @ Turpin Hills
July 12-13	Swim Championships @ Miami Hills

*Swimmers must be able to swim the length of the pool by the mock meet, in order to compete in the meets.

2011 Swim & Dive Dues

Swim Team	\$85 per swimmer
Diving Team	\$80 per diver
Both	\$135 per swimmer/diver

Maximum fee per family of \$250

Swim Team Practice Schedule

Monday - Thursday

<u>Weeks 1,2,3 (May 23 - June 3rd)</u>	<u>Regular Season (Begins June 6th)</u>
4:00 - 4:45PM 11 & up	8:30 - 9:30AM 11 & up
4:45 - 5:30PM 9 & 10	9:30 - 10:30AM 9 & 10
5:30 - 6:00PM All 8 & Under	10:30 - 11:15AM 8 & Under

Friday: Stroke Clinic: 9:30 - 10:30AM

Dive Team Practice Schedule

<u>Weeks 1,2,3,4 (May 23 - June 3rd)</u>	<u>Regular Season (Begins June 6th)</u>
4:00 - 6:00 PM All Age Groups	9:00 - 10:00 AM All Age
(Monday, Tuesday Wednesday only.)	Groups (Monday, Tuesday Wednesday only)

2011 Swim Team Suit

Female: Black Dolfin \$32.00 + \$6.50 logo + tax = \$41.00
Male: Black Dolfin Jammer \$22.40 + \$6.50 logo + tax = \$30.78

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April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 Indian Hill Winter Club pre-view party	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30 Member Work Day 9 AM – 5 PM

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 All Painting of the pool must be completed	10	11	12	13	14
15	16 Fill the pool	17 Swim/Dive/Tennis Team & Swim/Tennis lessons sign up 5-7 PM	18	19	20	21
22	23 1 st Swim Team practice - evening	24 Swim Team practice	25 Swim Team practice	26 Swim Team practice	27 Swim Team practice	28 POOL OPENS!!
29	30 Memorial Day	31 Swim Team practice				

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Swim Team practice	2 Swim Team practice	3 Swim Team practice	4
5	6 Morning Swim Team practice starts	7 Mock Swim Meet	8 Wacky Wednesday at 2PM	9 Miami Hills @ Normandy-Pool closes at 3 PM	10	11
12	13	14	15	16 Normandy at Turpin Hills Community Day	17	18
19	20	21	22	23 Terrace Park at Normandy-Pool closes at 3 PM	24 Adult Social	25
26	27	28	29	30 Normandy at Forrest Hills		

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July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 JULY 4 th Party	5	6	7 Indian Hill at Normandy-Pool closes at 3 PM	8	9
10	11 Dive Champs at Turpin Hills	12 Swim Champs at Miami Hills	13 Swim Champ Finals at Miami Hills	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Pool open until 8PM	16 Pool open until 8PM	17 Last Wacky Wednesday Pool open until 8PM	18 Pool open until 8PM	19 Pool open until 8PM	20 Back to School Bash
21	22	23 Pool open 4-8 PM	24 Pool open 4-8 PM	25 Pool open 4-8 PM	26 Pool open 4-8 PM	27
28	29 Pool open 4-8 PM	30 Pool open 4-8 PM	31 Ladies Luncheon 12:30 PM Pool open 4-8 PM			

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pool open 4-8 PM	2 Pool open 4-8 PM	3
4	5 Labor Day – Last Day Pool Closes at 6 PM	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	